THE FIVE BEHAVIORS OF A COHESIVE TEAM<sup>®</sup>

### **Comparison Report**

Based on *The New York Times* best-selling book *The Five Dysfunctions of a Team* by Patrick Lencioni

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#### For Kathryn Petersen

Working with Martin Gilmore

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## WILEY

### Introduction

A cohesive team needs to master five behaviors: building trust, mastering conflict, achieving commitment, embracing accountability, and focusing on results. Accomplishing all of this takes more than just understanding the concepts—team members need to have a meaningful understanding of themselves and their peers.

Since the team is made up of individuals, one-on-one relationships can have a big impact on the team as a whole. This report is designed to help you better understand Martin and give the two of you the tools to build a more effective working relationship. All of the information is derived from the responses you and Martin gave on your Five Behaviors of a Cohesive Team<sup>®</sup> assessments. Before you begin, take a look at the overview of the five behaviors below:

#### **Trust One Another**

When team members are genuinely transparent and honest with one another, they are able to build vulnerability-based trust.

#### **Engage in Conflict Around Ideas**

When there is trust, team members are able to engage in unfiltered, constructive debate of ideas.

#### **Commit to Decisions**

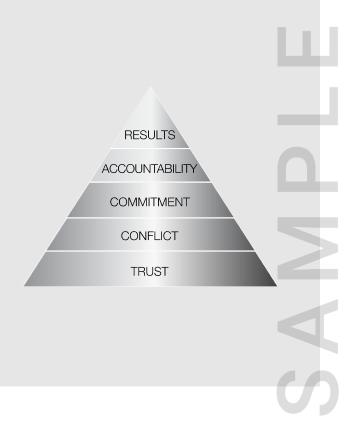
When team members are able to offer opinions and debate ideas, they will be more likely to commit to decisions.

#### **Hold One Another Accountable**

When everyone is committed to a clear plan of action, they will be more willing to hold one another accountable.

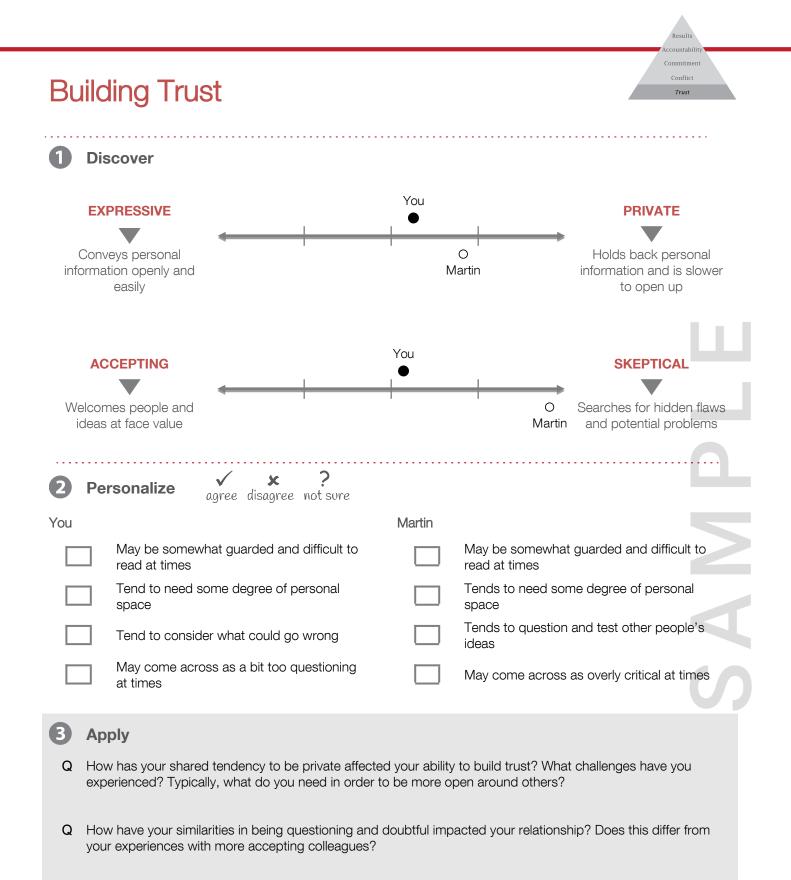
#### **Focus on Achieving Collective Results**

The ultimate goal of building greater trust, productive conflict, commitment, and accountability is one thing: the achievement of results.

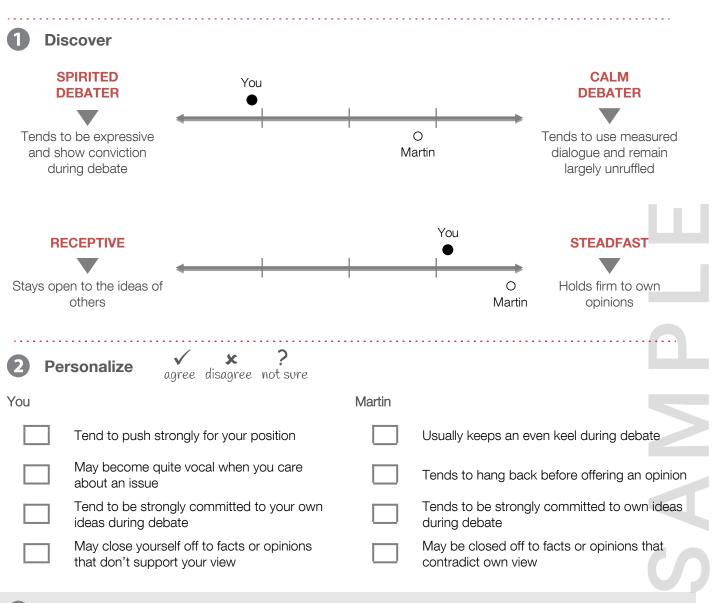


Results Accountabilit<sup>e</sup> Commitment

Conflict



### **Mastering Conflict**



- 3 Apply
- **Q** What do you notice about your tendency to be spirited about things and Martin's tendency to remain calm? How do the two of you typically resolve issues?
- **Q** Have you ever had to debate an issue with Martin? If so, were you both inclined to stand firm with your opinions? How does being steadfast impact the way you handle conflict?

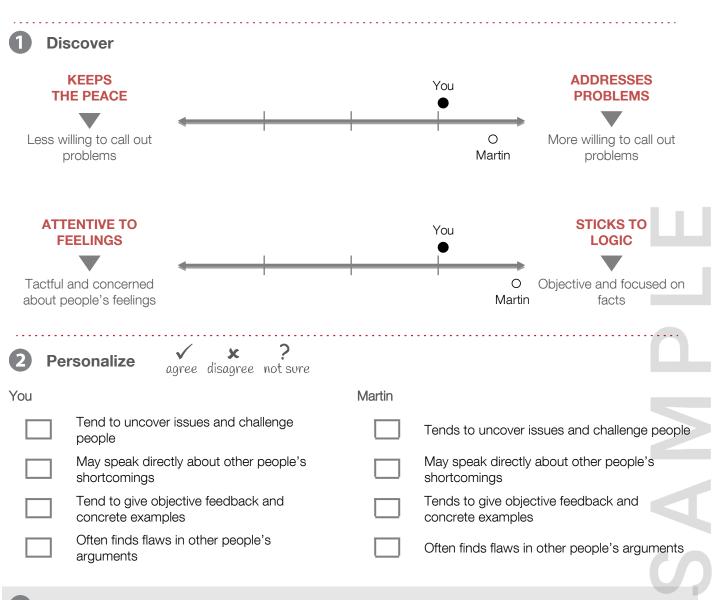
Results Accountability Commitment *Conflict* 



**Q** Do you and Martin ever need to make decisions together? If so, what does this process look like? Do you try to keep your options open?

**Q** What are the implications of your shared tendency to be strong-willed? How do you think this might impact team commitments?

### **Embracing Accountability**

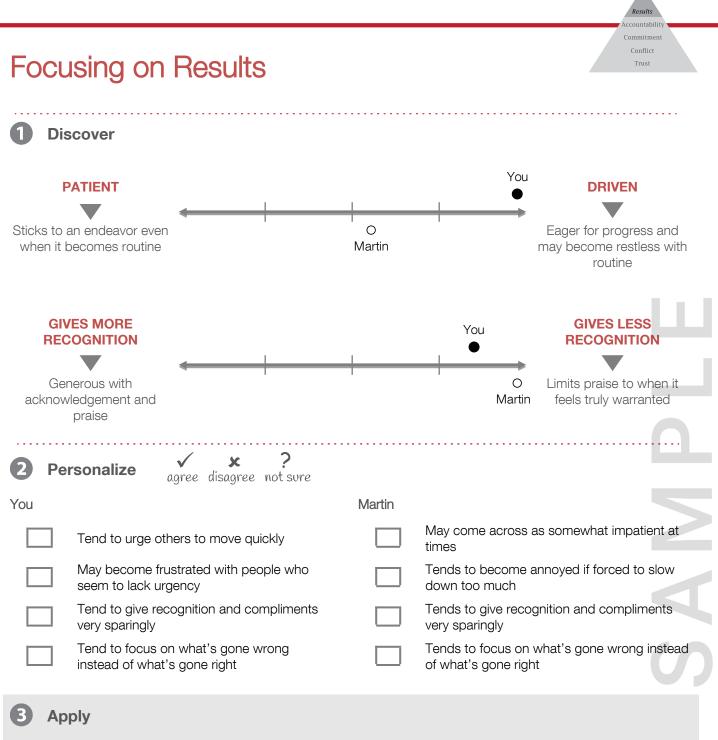


- 3 Apply
- Q What would be the best way for Martin to address a problem that involves you?
- **Q** Does your shared focus on logic bring about any challenges? What are the benefits of focusing on objective facts over feelings?

Results Accountabilit

Conflict

Trust



- **Q** You and Martin both tend to be driven. How does this make it easier for the two of you to work together? What are the drawbacks?
- **Q** You both appear to be pretty selective when it comes to giving recognition. What impact has this had on your relationship and your work?

### Are forceful Is soft-spoken How can you complement each other? You likely convey to Martin the passion you feel for your ideas. Neither of you expects a lot of recognition or praise from the other. Martin will join your efforts to convey a sense of urgency and push for immediate results. Martin respects your need for personal space.

# More Similarities and Differences

Kathryn, this page includes some additional information about you and Martin, including some of your similarities, differences, and ways that the two of you have the potential to complement each other.

**Your Greatest Similarities** 

#### You and Martin

- Are steadfast with your opinions
- Tend to be strong-willed
- Enjoy working alone
- Are frank
- Are skeptical

### **Your Greatest Differences**

#### You

- Tend to take risks •
- Don't mind being aggressive ٠
- Show more emotional support
- Tend to challenge people
- Martin
  - Tends to avoid risk
  - Dislikes having to be aggressive •
  - Shows less emotional support •
  - Tends not to challenge people •

Results Commitment Conflict

Trust

# Summary and Action Plan

Read through the suggested tips and use the extra space for your notes or reflections.

Traits	Tips	Action Taken
From Trust		
You're somewhat private.	<ul> <li>Make an effort to ask</li> </ul>	
Martin is somewhat private.	questions to help Martin	
	open up.	
You're somewhat skeptical.	Clarify Martin's intentions	
Martin is very skeptical.	before jumping to	
	conclusions.	
From Conflict		
You're a very spirited debater.	<ul> <li>Refrain from pushing</li> </ul>	
Martin is a somewhat calm debater.	Martin to accept your	
	ideas.	
You're very steadfast.	<ul> <li>Avoid getting into a power</li> </ul>	
Martin is very steadfast.	struggle over whose idea	
Warth to vory otoachaot.		
	will prevail.	
From Commitment		
You're very likely to remain open.	<ul> <li>Set a reasonable timeline</li> </ul>	
Martin is somewhat likely to remain	for making decisions	
open.	together and stick to it.	
You're very strong-willed.	Evaluate your differences	
Martin is very strong-willed.	in a constructive way, like	
	-	
	listing pros and cons.	
From Accountability		51
You're very likely to address problems.	<ul> <li>Regularly and explicitly</li> </ul>	
Martin is very likely to address problems.	discuss expectations	
	before problems arise.	
You're very likely to stick to logic.	State your concerns	
Martin is very likely to stick to logic.	objectively, but also give	
that are to by more to other to logici	Martin a turn.	
	Martin a turn.	
From Results		
You're very driven.	<ul> <li>Identify situations where a</li> </ul>	
Martin is somewhat driven.	bit more patience could	
	pay off.	
You're very unlikely to give recognition.	<ul> <li>Build recognition into your</li> </ul>	
Martin is very unlikely to give	plans.	
recognition.		

Results Accountability Commitment

> Conflict Trust